



5318 Highgate Drive, Durham, NC 27713

Chart #: \_\_\_\_\_

(919) 237-3802 phone / (919) 237-3807 fax

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ SS#: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY, STATE, ZIP: \_\_\_\_\_

HOME PHONE ( ) \_\_\_\_\_ WORK PHONE ( ) \_\_\_\_\_ CELL PHONE ( ) \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

IN CASE OF AN EMERGENCY, WHOM SHOULD WE CONTACT?

NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

HOME PHONE ( ) \_\_\_\_\_ WORK ( ) \_\_\_\_\_ CELL ( ) \_\_\_\_\_

REFERRING PHYSICIAN: \_\_\_\_\_ PHYSICIAN'S PHONE NUMBER: ( ) \_\_\_\_\_

NEXT MD APPOINTMENT DATE: \_\_\_\_\_

**FIT PHYSICAL THERAPY REQUIRES COPIES OF ALL INSURANCE CARDS & PHOTO ID TO PUT ON FILE**

CHIEF COMPLAINT: \_\_\_\_\_

DATE OF INJURY/ONSET: \_\_\_\_\_

HISTORY OF INJURY/ONSET: \_\_\_\_\_

\_\_\_\_\_

ANYTHING SPECIFIC THAT AGGRAVATES PAIN/PROBLEM? \_\_\_\_\_

ANYTHING SPECIFIC THAT RELIEVES YOUR PAIN/PROBLEM? \_\_\_\_\_

LIST PRIOR TREATMENTS THAT YOU HAVE HAD FOR THIS CONDITION (i.e., Physical or Occupational Therapy, Injections, Chiropractic Treatment, etc.) \_\_\_\_\_

RATE YOUR PAIN ON A SCALE FROM 0 – 10 (0 = No pain at all; 10 = Worst pain imaginable) DURING THE FOLLOWING SCENARIOS:

- MY PAIN AT THIS MOMENT IS \_\_\_\_\_
- MY PAIN IS \_\_\_\_\_ MOST OF THE TIME DURING A NORMAL DAY
- MY PAIN IS \_\_\_\_\_ AT WORST
- MY PAIN IS \_\_\_\_\_ AT BEST

OCCUPATION/PRIMARY JOB DEMANDS (i.e., prolonged sitting/standing, computer work, lifting, pushing, pulling, uneven surfaces, etc...) \_\_\_\_\_

JOB STATUS: (Circle One) WORKING FULL TIME, REGULAR DUTY; WORKING FULL TIME, LIGHT DUTY; WORKING RESTRICTED HOURS, REGULAR DUTY; WORKING RESTRICTED HOURS, LIGHT DUTY; OUT OF WORK SECONDARY TO INJURY; UNEMPLOYED; RETIRED; NOT WORKING

RECREATIONAL ACTIVITIES: \_\_\_\_\_

MY PERSONAL GOAL(S) FROM PHYSICAL THERAPY ARE: \_\_\_\_\_

HAVE YOU HAD, OR DO YOU HAVE ANY OF THE FOLLOWING CONDITIONS? (Please check all that apply):

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> ALLERGIES (Specifically Tape, Creams/Lotions, Etc...)<br>(list) _____ | <input type="checkbox"/> GLAUCOMA                     | <input type="checkbox"/> NURSING/BREASTFEEDING        |
| <input type="checkbox"/> OSTEOARTHRITIS  | <input type="checkbox"/> HEART ATTACK                 | <input type="checkbox"/> STROKE/TIA'S                 |
| <input type="checkbox"/> RHEUMATOID ARTHRITIS  | <input type="checkbox"/> HEART FAILURE                | <input type="checkbox"/> THYROID PROBLEMS             |
| <input type="checkbox"/> ASTHMA  | <input type="checkbox"/> PACEMAKER                    | <input type="checkbox"/> OSTEOPOROSIS                 |
| <input type="checkbox"/> BLOOD CLOT  | <input type="checkbox"/> DEFIBRILLATOR                | <input type="checkbox"/> PREGNANCY                    |
| <input type="checkbox"/> CANCER (what type) _____  | <input type="checkbox"/> REQUIRE USE OF NITROGLYCERIN | <input type="checkbox"/> PSORIASIS                    |
| <input type="checkbox"/> DEPRESSION/ANXIETY  | <input type="checkbox"/> OTHER HEART PROBLEMS         | <input type="checkbox"/> PREVIOUS CORTISONE INJECTION |
| <input type="checkbox"/> DIABETES  | <input type="checkbox"/> HEPATITIS                    | <input type="checkbox"/> PREVIOUS FRACTURES           |
| <input type="checkbox"/> DRUG/ALCOHOL DEPENDENCY   | <input type="checkbox"/> HIGH BLOOD PRESSURE          | <input type="checkbox"/> PREVIOUS ORAL STEROID        |
| <input type="checkbox"/> EPILEPSY/SEIZURES   | <input type="checkbox"/> HIV/AIDS                     | <input type="checkbox"/> OTHER PSYCHIATRIC PROBLEMS   |
| <input type="checkbox"/> FIBROMYALGIA  | <input type="checkbox"/> KIDNEY DISEASE               | <input type="checkbox"/> UNEXPLAINED WEIGHT LOSS      |
| <input type="checkbox"/> GASTRIC REFLUX  | <input type="checkbox"/> LUNG PROBLEMS                | <input type="checkbox"/> LUPUS                        |
| <input type="checkbox"/> OTHER MEDICAL HISTORY _____   |   |   |

HAVE YOU EVER HAD ANY X-RAYS, MRI, CT SCANS, ETC., RELATING TO THIS CONDITION? \_\_\_ YES \_\_\_ NO

RESULT (IF KNOWN): \_\_\_\_\_

PLEASE LIST ALL SURGERIES: \_\_\_\_\_

PLEASE LIST CURRENT MEDICATIONS (with dosages or bring a list to be placed in your file): \_\_\_\_\_

HAVE YOU HAD ANY FALLS WITHIN THE PAST YEAR? \_\_\_ YES \_\_\_ NO

ARE YOU CURRENTLY RECEIVING HOME HEALTH SERVICES OF ANY TYPE? (i.e., nursing, aides, wound care, I.V., physical therapy, etc.)? \_\_\_ YES \_\_\_ NO \_\_\_ UNSURE (PLEASE EXPLAIN) \_\_\_\_\_